

For Immediate Release

Albuquerque, NM (Pitch Engine) December 6, 2011 [Upward Motion Personal Training](#) is excited and very proud to announce their 2012 Upward Motion Personal Training Workout Success Guarantee Program. The [2012 Personal Training Workout Success Guarantee Program](#) by Upward Motion Personal Training does require that you enroll in the designated program connected to the company's guarantee offer. The guarantees included in this program include the following components:

- dramatic loss of body fat
- improved muscle tone
- increased muscular strength
- improved endurance
- improved cardiovascular stamina
- better posture
- better balance
- better flexibility
- the best shape of your entire life

If after one year you do not see marked improvement in the above described areas that are part of the Upward Motion Personal Training Workout Success Guarantee Program your next 12 months of Group Training Classes at Upward Motion Personal Training are FREE!

Upward Motion Personal Training has the best personal trainers in the City of Albuquerque. The personal trainers at [Upward Motion Personal Training](#) each hold personal trainer certifications from NASM and ACSM, which are recognized as the best personal accreditation companies in the United States and the world. Several of the personal trainers at Upward Motion Personal Training hold college degrees as well.

Long hours of training to get fit are a thing of the past with [Upward Motion Personal Training](#). At Upward Motion Personal Training they take advantage of every single minute that clients have to work out and to do this they include a timely combination of flexibility, cardio, and toning exercises covered in 45 minutes that do not make your exceedingly sore.

About Upward Motion Personal Training

Upward Motion Personal Training is a personal trainer studio offering customized personal training workout programs, small group training classes, Women's Butt and Gut Classes, Piloxing classes, and Upward Motion Personal Training's Y.E.S. To Success Program. The company's workout studio is located at 336 Adams St SE, Albuquerque, NM 87108

CONTACT:

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